

2019

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	01 Beef Taco Corn Salsa Frozen Berry Cup	02 French Toast Stix Roasted Potatoes Mixed Fruit	03 Chicken Teriyaki Stir-Fry Vegetables Rice Fruit Cup	04 Turkey Bagel Sandwich Salad Fresh Fruit	05	06
07 Chicken Nuggets Mixed Vegetables WG Roll Banana	08 Sloppy Joe Corn Fruit Cup	09 Swedish Meatballs Mashed Potatoes Mandarin Oranges	10 Johnny Marzetti Green Beans Tropical Fruit	11 Chicken Corn Dogs Spiral Potatoes Fresh Fruit	12	13 EARLY RELEASE
14 Hamburger Baked Beans Diced Pineapples	15 Chicken Taco Corn Salsa Frozen Berry Cup	16 Grilled Chicken Legs Salad WG Roll Apple	17 Grilled Cheese Raw Veggies w/ Ranch Dippin Sauce Fruit Cup	18 Cheeseburger Potatoes Fresh Fruit	19	20 NO SCHOOL
21 Meatball Sub Green Beans Apple	22 Beef Taco Corn Salsa Frozen Berry Cup	23 BBQ Chicken Sandwich Green Beans Diced Pears	24 Chicken Alfredo Broccoli WG Roll	25 PIZZA DAY Tossed Salad WG Cookie Applesauce	26	27
28 Hot Dogs Baked Beans Mandarin Oranges	29 Mac & Cheese Broccoli WG Bread Fruit Cup	30 Chicken Salad Sandwich Mixed Greens Frozen Berry Cup	31 Chicken Nuggets Corn WG Roll Banana	01	02	03
04	05	Notes: Milk is included with lunch. Choose from Fat Free White Milk or Fat Free Chocolate Milk. Menus are subject to change due to availability of foods or unplanned school closings. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.				

2019**October**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	01 Cereal Bar Cheese Stick Applesauce	02 WG Muffin Apple Slices	03 Bagel Fruit Cup	04 HOT BREAKFAST Fruit Cup	05	06
07 Cereal Bar Cheese Stick Applesauce	08 Cereal Pack Fresh Fruit	09 WG Muffin Apple Slices	10 Cereal Pack Fresh Fruit	11 HOT BREAKFAST Fruit Cup	12	13
14 Cereal Pack Fresh Fruit	15 Cereal Bar Cheese Stick Applesauce	16 WG Muffin Apple Slices	17 Bagel Fruit Cup	18 HOT BREAKFAST Fruit Cup	19	20
21 Cereal Bar Cheese Stick Applesauce	22 Cereal Pack Fresh Fruit	23 WG Muffin Apple Slices	24 Cereal Pack Fresh Fruit	25 HOT BREAKFAST Fruit Cup	26	27
28 Cereal Pack Fresh Fruit	29 Cereal Bar Cheese Stick Applesauce	30 WG Muffin Apple Slices	31 Bagel Fruit Cup	01	02	03
04	05	Notes:				

Milk & Fruit Juice are included with breakfast.

Choose from Fat Free White Milk or Fat Free Chocolate Milk.

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